

Title	Organisation	Funded	Outline of Project	Purpose of funds		
Batemans Bay Youth Foundation Inc. (BBYF) Student Grants Project	Batemans Bay Youth Foundation Inc	\$10,500	<p>Any student whether from Year 12 or earlier, whose normal residence is in the area bounded by North Durras, Nelligan and Moruya River in the south, who are completing their secondary education at Batemans Bay High, Carroll College, St Peters, and Moruya High, is eligible to apply if it is their intention to undertake in the following year: a course of study at a university or college of higher learning on a full-time basis a traineeship or apprenticeship involving attendance at TAFE or other college or where the student may be required to travel, provide tools of trade and/or special clothing Any other form of personal development including, but not restricted to, music, art, sport, invention or research.</p> <p>BBYF has made grants to 250 students, valued at \$749,000. we set an arbitrary target of 10 students each year, but with the economic aftermath of the bushfires, Covid-19 and inflation and given the quality of applicants the number of grants were increased. Twenty-four valid applications were received for 2023, from which 11 applicants best fitted the stringent criteria of the Foundation.</p>	A4 - Aged, Disability or Youth Services		
The MS Peer Support Program - Batemans Bay	MS Plus	\$10,000	<p>MS is a disease which causes damage to the nerves of the brain and spinal cord. This leads to a range of physical and psychological/mental health disabilities which become worse over time, including mobility issues, chronic pain, vision loss, speech difficulties, fatigue and anxiety/depression. All people with MS require intensive multi-disciplinary clinical treatments to delay the worsening of disability, and maximise their health outcomes. MS Plus is the pre-eminent provider of clinical services for people with the disease, but we also understand that our clients have needs that go beyond Medical and Allied Health treatments. MS is a lonely, isolating road for many people, and the practical barriers of day-to-day life have a complexity to them that can always be fully contextualised in clinical sessions. It is no surprise, therefore, that 50% of people with MS experience depression and anxiety as a result of the stress caused by the disease. Therefore, in addition to clinical services, MS Plus delivers a comprehensive suite of wellbeing programs for people with the disease, and the Peer Support program is the most successful and transformative of these. In Batemans Bay, our Peer Support Program supports 40 local people living with MS from across Eurobodalla, and has the following aims: - Share strategies on practical ways to manage symptoms on a day-to-day basis, based on lived experience that goes beyond the technical insights of a clinical appointment. - Provide emotional support to help members remain resilient as they grapple with the challenges of life with MS. - Provide a sense of community and connection between people who lived experience of the unique challenges of MS. - Provide case management support, which consists of personalised guidance from staff and volunteers, who inform new members on how to access services and resources to support them in their lives. The program is delivered by volunteers with lived experience of MS. They receive intensive training and support from clinical staff at MS Plus, as well as educational resources they can use in the delivery of group sessions. On top of this, several times a year the group hosts guest speakers with expertise in a variety of relevant fields (neurology, physiotherapy, mental health, MS research), to inform and educate members in a way that enhances their ability to thrive, despite the challenges of MS.</p>	A4 - Aged, Disability or Youth Services		
Disability Boating Hoist	Batemans Bay Business & Tourism Chamber	\$7,732	<p>Installation of a disability transfer hoist at our new CBD pontoon wharf will allow inclusive boating activities for those with a disability. This initiative will be particularly attractive to our local sailing group, tourists, and cruise ship passengers who disembark from cruise ship tenders at the pontoon wharf.</p>	A4 - Aged, Disability or Youth Services		
Community Training - Suicide Prevention, Mental Health & Wellbeing	Lifeline South Coast	\$7,000	<p>The local community, like many others across Australia, are experiencing heightened risk factors generally associated with poor mental health and increased risk of suicide. These factors include financial insecurity associated with the rising cost of live, housing insecurity and more. At the same time protective factors in our community - such as social connection and access to health services - are falling. Following on from recent natural disasters at the COVID-19 pandemic, this has led to a significant and unprecedented worsening of population mental health and growing concerns about suicidal ideation (thoughts and actions). Research suggests that people are more likely to meet their own life challenges successfully when they are part of mentally healthy communities.</p> <p>To promote resilience, wellbeing, and mental health of the Bega community, Lifeline South Coast offers a range of evidence-based training programs that support people to recognise and respond to the signs of distress, crisis and mental ill-health in themselves and others; develop the skills and confidence to facilitate supportive conversations surrounding mental health; develop the confidence to talk openly about suicide risk and the skills to respond in a safe and supportive way. Our training programs vary in length (3 hours, 1-day, 2-days), differ in focal points (suicide prevention, responding to distress and crisis, mental health and wellbeing), and are appropriately tailored to the local community.</p> <p>If we are successful in obtaining funding we will provide training at no cost to participants, including</p> <ul style="list-style-type: none"> - carefully consider the needs of the Eurobodalla community, including consultation with local organisations and groups, to determine the most appropriate training offering(s) to meet the local needs - promote the training within Eurobodalla region - tailor training, specifically in relation to referral pathways, to the Eurobodalla community - deliver training within the Eurobodalla, utilising appropriate local venues and catering <p>Lifeline South Coast training programs are built on decades of delivery as the leading provider in the mental health and suicide prevention sector. Through research, crisis support, and community work, we understand the issues surrounding mental health, suicide, distress, and crisis support, and keep up to date with best practice.</p>	B3 - Community Education Programs		

<p>Live Life Get Active - Free community activity camps and nutritional and wellbeing education</p>	<p>LIVE LIFE GET ACTIVE PTY LTD</p>	<p>\$5,000</p>	<p>Live Life Get Active is all about helping inactive communities become more active and connected and helping people feel happier, healthier, and part of a vibrant social, active community. LLGA camps run five days a week, 40 weeks of the year, 200 days/year (the program doesn't run during school holidays). The program is centred around a number of key fundamentals: 1. The sessions are completely FREE to the community 2. The sessions are conducted in outdoor setting (parks, reserves, etc.) positioned close to cafes and other local businesses 3. The program runs five days a week; Monday to Friday (excluding school holidays) 4. The program rotates classes between boxing, cross training, and yoga 5. The program focuses on building social connectedness as much as developing healthy lifestyles. 6. The program helps participants (and Councils) track a range of health and wellbeing information through an online platform 7. The Programs are supported by free online fitness, wellness and nutrition programs to ensure participants are supported across mind, body and soul Live Life Get Active is a registered health promotion charity. Each camp is delivered in partnership with local businesses who partner the camp, and local Council who provide use of land (and facilities in the case of wet weather). Each camp costs \$25,570 which covers the local trainer and yoga instructor, all equipment, marketing and promotion, reporting, community engagement, on-site branding in the form of a tear drop flag and the online platform which guides participants to a healthier lifestyle. LLGA also provide 2/year evidence based measurable results/reports. SEE ATTACHMENT. We are seeking \$10,000 through clubgrants which will entitle the licensed club/council to become the major partner of the Corrigans Park camp and as such acknowledgement through flag signage, daily verbal thanks from trainer, promotion material and reporting of camp outcomes and impacts.</p>	<p>C5 - Health Promotion Initiatives</p>	
<p>Engage & retain Aboriginal & Torres Strait Islander boys in school to year 12 completion, transitioning them into employment.</p>	<p>Clontarf Foundation</p>	<p>\$5,000</p>	<p>Located at Moruya High School, the Moruya Clontarf Academy uses the existing passion boys have for sport to initially attract them to school and keep them coming right through to year 12 completion. The program is however not a sporting program. Currently supporting 36 boys, full-time, locally based Clontarf male staff mentor the boys, helping to develop the values, skills and disciplines the boys will need throughout their lives to function as mature men in the local community. Enabling them to transition into meaningful employment or further education and training, to achieve better life outcomes. While local Clontarf staff mentor and counsel the boys on behavioral and lifestyle issues, the school caters for their educational needs. The supportive relationships and the safe space</p> <p>the Academy provides improves the boys self-esteem and confidence helping them to participate in the local community in a more positive way. Academy term activities are planned well in advance focusing on education, leadership, employment, partners, wellbeing, life skills and sport. Activities displayed in the Academy room to incentivise the boys include fitness, training, cooking, afternoon activities, community volunteering, part time work, driving lessons, camps, employment forums and homework groups. The Academy provides breakfast and lunch for the boys, encouraging healthy eating and lifestyle choices. In order to remain in the program, the boys must continue to complete school work and embrace the Academy's objectives of 1) consistently endeavouring to attend school regularly 2) apply themselves to the study of their subjects 3) embrace the Academy's requirements for behavior and self-discipline. The entire school community, including the teaching staff and the local community more broadly benefit from the mentorship the boys receive through the Clontarf program. Clontarf believes failure to experience achievement and positive influences, coupled with a position of under privilege when young, can lead to alienation, anger and more serious life</p> <p>consequences. By retaining the boys in school to Year 12 and exposing them during this time to a range of employment pathways during their senior years, they become valuable members of the local community who are less likely to engage in crime and anti-social behaviour. By the end of Year 12 the boys have been exposed to a range of opportunities and experiences within their local community and abroad, creating pride for where they will live and work.</p>	<p>B3 - Community Education Programs</p>	

<p>Ted-E-Bear Connection, supporting children with epilepsy in Eurobodalla Shire</p>	<p>Epilepsy Action Australia</p>	<p>\$4,480</p>	<p>Ted-E-Bear connection comes with a beautiful, cuddly, comforting teddy bear. The bear will often go with the child in the ambulance after a seizure with medical staff using it to demonstrate procedures. This aids the child's understanding and reduces anxiety. Each pack includes: Teddy bear with an adoption certificate. Personalised welcome letters for parents and child. MyEpilepsyKey - an online platform with education, service programs, and resources to assist with self-managing epilepsy. Ongoing access to our specialist Epilepsy Nurses for one-on-one support via phone and email. Access to the online Epilepsy Essentials workshop for parents to recognise seizure activity and provide immediate assistance and first aid. Connection to other families via a private support group where families can post photos and stories about their bear's adventures.</p> <p>In practice:</p> <p>When a Eurobodalla Shire based child is registered with EAA, their family can join the Ted-E Bear Connection Program. They will then receive an information pack that contains essential epilepsy resources and the teddy bear. This will increase family education around epilepsy, offering potentially lifesaving guidance around implementing safety measures. Families will be enrolled in the Ted-E-Bear Facebook group for support and interactions with other families. This peer support provides a crucial sense of community to help navigate the challenges of epilepsy. Access to EAA's specialist nursing team. This support will allow families to ask questions about epilepsy and receive individual advice in how to cope with its familial impact.</p> <p>These elements will occur throughout the duration of funding and provides:</p> <p>A sense of support and reassurance for the child and their family Increased family education around epilepsy, for instance, offering potentially lifesaving guidance around implementing safety measures A crucial sense of community created by the peer support group, helping navigate the challenges of epilepsy Cumulatively this support will allow families to ask questions about epilepsy and receive individual advice in how to cope with its familial impact</p> <p>Children impacted by epilepsy, either directly or through other family members, can be vulnerable members of the community. They need additional services to ensure that they feel secure and supported in navigating epilepsy associated barriers to social inclusion.</p>	<p>CI - Early Childhood Health / Child and Family Services</p>	
<p>Mogo Artisans Centre Lapidary Workshop, a community project to transform Mogo after the devastating bushfires of 2019.</p>	<p>Batemans Bay Lapidary Club Inc.</p>	<p>\$3,420</p>	<p>The Eurobodalla Shire Council is committed to develop an Artisans Centre in the Village of Mogo (letter of support encl). Design Consultants, Dual Design of Moruya have presented site drawing to Council for the project, showing 4 club premises including the Lapidary Club. Each Club is putting their assets and money on the line to develop the Artisan Centre for ongoing social and community benefits. The Village of Mogo welcomes this additional tourist and artisans centre to revitalise the town after the bushfire disaster. The Lapidary Club has designed a new workshop so our members can return to club activities. Local school's art teachers will be contacted to invite students to familiarise with Lapidary courses, geology and creating jewellery from gem stones. Local retirees in our community will have the opportunity to join our club with this new facility, and enjoy the comradery and activities of fossicking for materials and bring their finds back to the workshop to cut and polish. Our membership has many Husband and Wife teams as well as single men and women that have an interest to be active, and find pleasure in having something to do in their later years, which promotes health and both physical and mental wellbeing. With a new club workshop we can realise those goals for the community and establish our Lapidary activities as a viable operation into the future. Our new workshop is designed to allow wheelchair access for persons with a disability and we want to promote this for them to come and do Lapidary work. The category of "Purpose of Funds" below is not broad enough as we believe that there are more than one benefit to the wider community to be able to join us. We could say that Community Education, Enterprises, Veteran Welfare and Aged, Disability or Youth services could be applicable, so perhaps A4 below is appropriate? Further more the "Who will your program benefit" below is applicable to all those listed and our Constitution and By-Laws permit children from 8-11 years of age to participate with a guardian, and can only use tumblers or capping machines under strict supervision. Junior members from 12-17 years may not use the workshop except with the written permission of parent or guardian, and the approval of the committee. They can use a small 6 inch saw, tumblers and capping machines under strict supervision.</p>	<p>A4 - Aged, Disability or Youth Services</p>	

Vital Simulation Equipment for Trauma Care Training	CareFlight	\$1,998	<p>CareFlight is holding a Trauma Care Workshop for first responders from the Eurobodalla Shire Council on 7 October 2023. Participants will include members from the Volunteer Rescue Association, Rural Fire Service, Fire and Rescue, and the State and Emergency Service. CareFlight's Trauma Care Workshop equips first responders with the knowledge, skills, and confidence to effectively treat critically ill and injured patients at the scene of an emergency. Life-like mannequins and unique simulation equipment are used, including a mobile car crash simulator to give workshop participants experience at re-created accident scenes. Participants learn how to manage patient airways, stem a haemorrhage, protect spinal injuries, properly assess patient injuries, triage multiple patients and communicate effectively during handover to medical professionals. With advanced clinical training and skills, they can start vital treatment as soon as possible, which helps sustain lives and enhance patients' long-term outcomes. Training further enhances community wellbeing by bringing first responder agencies together in combined training to develop interagency collaboration and promote knowledge transfer. When first responders are more interconnected, they can work together more effectively during emergencies and improve community health outcomes.</p> <p>To support this training, CareFlight kindly requests funding to purchase two Wound Packers. The Wound Packer is used to simulate a massive haemorrhage resulting from a laceration or embedment of a foreign object. The device provides realistic low-cost, and repetitive training in wound packing. It allows participants to learn how to locate and stop a massive haemorrhage caused by a life-threatening laceration in patients quickly and effectively.</p>	C5 - Health Promotion Initiatives		
		\$55,130				