

## CATALINA CLUB CLUBGRANTS CATEGORY 1 2025

In 2025, Catalina Club has been able to provide more than \$69,000 to local charities and community organisations who are dedicated to serving and helping our local Eurobodalla community.

**Take a look below to see all of Catalina Club's Category 1 ClubGRANTS recipients for 2025.**

ORGANISATION	PROJECT	TOTAL FUNDED	OUTLINE OF PROJECT	PURPOSE
Epilepsy Action Australia	Eurobodalla SAFE Schools   Seizure Awareness For Educators	\$1,912.50	<p>Epilepsy affects approximately 1% of Australians, with an estimated 275 people living with the condition in Eurobodalla, about 40 of which are children. Many children with epilepsy face significant challenges in educational settings, including learning difficulties, social isolation, medication side effects, and missed school days. Without proper knowledge and support structures in schools, these students risk both physical injury during seizures and ongoing psychological impacts from stigma and misunderstanding. Despite these challenges, many schools lack the resources and training to effectively support students with epilepsy. The SAFE Schools program addresses this critical gap by providing epilepsy education resources and personalised support to create safer, more inclusive learning environments.</p> <p>The Eurobodalla SAFE Schools program consists of two core components:</p> <ol style="list-style-type: none"> <li>1. Comprehensive Outreach Campaign: - Free epilepsy information and resources distributed to 17 primary schools and Early Learning Centres (ELCs) in Eurobodalla. Access to "Epilepsy Awareness K-2" online training course designed specifically for children aged 4-7 - Animated seizure first aid videos demonstrating practical steps for children to take during a seizure - Information about formal training courses for educators (Epilepsy Essentials, Emergency Medication, Epilepsy and Minimising Risks) - Seizure Management Plan templates to help schools develop individualised support strategies.</li> <li>2. Personalised Presentations: - Tailored presentations delivered at up to 7 primary schools and ELCs in Eurobodalla - Presentations given by skilled volunteers with lived experience of epilepsy - Flexible delivery options (in-person, virtual, or pre-recorded) to accommodate school needs.</li> </ol> <p>ClubGRANTS funding will transform the educational experience for Eurobodalla's children with epilepsy by building sustainable support networks within local schools. The project closely addresses the priority focus areas for ClubGRANTS in Eurobodalla Shire to support, encourage &amp; uplift the regional community through wellbeing support, health services &amp; community development.</p> <p>The investment will empower educators with vital seizure management knowledge, reduce stigma through increased awareness, and create safer environments where children with epilepsy can participate fully in school life. The program is designed to have lasting impact to benefit people with epilepsy, schools &amp; the entire community into the future.</p>	C5 - Health Promotion Initiatives

The Shepherd Centre - For Deaf Children	Listen & Learn: Life-changing therapy for deaf children and their families in Eurobodalla	\$2810	<p>Hearing loss is the most common disability diagnosed at birth and 1 in 300 children have permanent hearing loss by 5 years old. 50% of these children receive no specialist support and are in danger of being left behind.</p> <p>Early intervention and access to sound are crucial. Deaf children are at high risk of developmental delays and more likely to face isolation. Young deaf people are 30% more likely to experience mental health issues and are at higher risk of disengaging from their school community. Without specialist support, challenges can be lifelong.</p> <p>Furthermore over 90% of deaf children are born to parents with typical hearing. For parents, a diagnosis of hearing loss in their child can be unexpected, overwhelming and devastating. Most families lack the knowledge or skills to manage the condition without specialist guidance.</p> <p>The Shepherd Centre specialises in early intervention (0-5 years), giving young deaf children the best possible start. Our wraparound model of care includes our Listen &amp; Learn program – combining audiology, counselling, and speech therapy - to help deaf children develop crucial listening and speaking skills.</p> <p>A key feature of Listen &amp; Learn is carer-support, empowering parents to help their child learn to listen and speak through everyday routines and play, to maximise the impact of therapy by embedding the practice in the home.</p> <p>Parents feel supported and empowered; they report dramatically improved wellbeing, knowledge and confidence in supporting their child. Children in our programs consistently achieve listening and speaking skills on par with their hearing peers. By 5 years old, the vast majority go on to attend their preferred mainstream school, with a firm foundation of skills needed to thrive. Our ongoing support during school years help deaf children succeed both inside and outside the classroom, giving them the confidence to shine.</p> <p>The flow on effect of equipping these children and families with confidence and life skills is that the whole community benefits from their increased participation and the exposure to diversity this brings.</p>	C1 - Early Childhood Health / Child and Family Services
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ROAD SAFETY EDUCATION LIMITED	Enabling Access for young high-risk drivers and passengers attending Eurobodalla LGA schools to the Ryda Road Safety Program	\$2,060	<p>Eurobodalla had 548 road casualties/deaths in the last five years. 17% of these were aged 16-25years. Even though young drivers under 25 make up 11% of car licence holders in the LGA, they made up 20% of non-medical licence disqualifications. In most cases crashes are not accidents, but result from poor decisions. Road trauma has significant, negative impacts on individuals, families, community wellbeing &amp; finances.</p> <p>Statistics show it is not enough to only teach a young person the skill of controlling a vehicle, we must balance this with the life skills of critical thinking, planning along with an appreciation for others' safety on the road to improve community safety. These cognitive skills are more difficult to develop &amp; need increased focus through targeted education like our Ryda program.</p> <p>Established 2004, RSE provides an innovative, best practice program designed for 16-18 year olds approaching the time in their lives when they start to drive independently or travel as passengers of novice drivers. The program increases students understanding of road safety risk factors, educates them about their responsibilities &amp; equips them with strategies to drive with social responsibility.</p> <p>The Ryda program is unique in its holistic, inclusive approach &amp; enhances other road safety education by creating personalised strategies. It includes a practical full day workshop attended by the whole school cohort, ensuring socially disadvantaged students learn alongside their peers &amp; is delivered by collaborating local mentors including Police, Driving Instructors &amp; Crash Survivors. The workshop is backed up by pre/post classrooms resources to reinforce &amp; revise key messages &amp; create a road safety culture within the local community. Continual and robust evaluation proves Ryda creates long term behavioural change.</p> <p>Feedback was from 2024 Eurobodalla students: "It really made me understand how serious it is to be safe on the road when it got put in a real life situation", "I didn't realise the time it actually takes for the car to come to a complete stop and the effects that could have on others around us"</p> <p>There is clear demand for our life saving messages however limited family and teaching budgets can prevent students from participating. With your support we aim to subsidise the cost for students, targeting funding to where it will make the most difference, ensuring all students have equity of access to develop essential life skills.</p>	A4 - Aged, Disability or Youth Services
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<p><b>SOUTHERN WOMEN'S GROUP</b>  <b>INCORPORATED t/a</b>  <b>Women Domestic Violence</b>  <b>Court Advocacy Service</b></p>	<p><b>Eurobodalla Action Plan to Prevent Domestic and Family Violence</b></p>	<p><b>\$10,000</b></p>	<p>To prevent domestic and family violence (DFV), we are focusing on two key long-term approaches: strengthening primary prevention and educating the broader community.</p> <p>1. Grow Primary Prevention  Prevention starts with addressing the root causes of DFV—gender inequality, harmful stereotypes, and unhealthy relationship norms. Our focus is on reaching young people and families early to promote respect and safety.</p> <p>Love Bites: This evidence-based program reaches around 1,000 local high school students each year in all of our Eurobodalla high schools. It teaches young people about respectful relationships, consent, and recognising abuse, while connecting them to local support services. We are seeking funding to continue coordinating this valuable program in our community.</p> <p>Daughters and Dads Active and Empowered: We plan to introduce this nationally acclaimed program to the Eurobodalla region. Developed by the University of Newcastle, it partners fathers (and father figures) with their primary school-aged daughters to:</p> <ul style="list-style-type: none"> <li>-Improve girls' confidence and physical activity</li> <li>-Strengthen father–daughter bonds</li> <li>-Challenge gender stereotypes and promote equality</li> </ul> <p>Over nine weeks, families take part in activities and discussions that foster positive parenting, support girls' wellbeing, and encourage reflection on gender roles. The program builds resilience, emotional connection, and lifelong habits that support respectful relationships and gender equality.</p> <p>2. Educate the Community  We aim to shift community norms by raising awareness, challenging discrimination, and encouraging everyone to play a role in creating safer, more respectful environments.</p> <p>Be There Programs: These internationally delivered training programs help individuals and workplaces recognise and stop harmful behaviours such as bullying, harassment, and sexism. Through interactive, reflective learning, Be There programs:</p> <ul style="list-style-type: none"> <li>-Build understanding of power, gender, and inequality</li> <li>-Encourage personal responsibility and active bystander behaviour</li> <li>-Inspire people to lead change in their workplaces and communities by encouraging honest conversations, the program promotes long-term shifts in attitudes and culture.</li> </ul> <p>DFV Community Workshops: We will continue to deliver DFV workshops to key local groups, such as teachers, beauty professionals, real estate agents, and sporting clubs, equipping them to recognise signs of DFV and respond effectively. These sessions help create a more informed, proactive, and supportive community.</p>	<p>B3 - Community Education Programs</p>
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<b>KATUNGUL ABORIGINAL CORPORATION REGIONAL HEALTH AND COMMUNITY SERVICES</b>	<b>Bringing Aboriginal Health Training On Country</b>	<b>\$13,000</b>	<p>In 2024, Katungul engaged the UOW Eurobodalla Campus to discuss workforce shortages, particularly the lack of qualified Aboriginal Health Workers (AHWs) in the Eurobodalla. In response, UOW College secured NSW Government Smart and Skilled funding to deliver a pilot skill set drawn from the Certificate IV in Aboriginal and Torres Strait Islander Health Practice.</p> <p>Fifteen Katungul staff participated, completing training in Work Health and Safety, Infection Control, First Aid, and Legal and Ethical responsibilities. This program provided a valuable and positive introduction to the full qualification.</p> <p>Building on this success, Katungul and UOW now seek funding to add the full Certificate IV to UOW College's Scope of Registration, enabling local delivery in the Eurobodalla. This initiative addresses the regional shortage of AHWs and offers a practical, community-driven solution.</p> <p>The process of adding the qualification to the Scope of Registration involves developing a comprehensive training and assessment strategy in consultation with industry, creating resources for the remaining 15 units, and hiring suitably qualified local staff. It also requires accreditation by the Aboriginal and Torres Strait Islander Health Practice Committee and approval from the Australian Skills Quality Authority (ASQA).</p> <p>Currently, students must travel to Sydney or Dubbo to complete the qualification—often studying online and in isolation. This limits retention and completion rates. Delivering the course locally will allow face-to-face learning within the community, supported by traineeships in Katungul's clinics. Local delivery will reduce barriers to education, improve student retention, and help grow a culturally safe Aboriginal health workforce. It will also provide a clear employment pathway for local Aboriginal youth and qualifies students for entry into the Bachelor of Nursing.</p> <p>Katungul serves 1979 Aboriginal and Torres Strait Islander residents across the region. Funding this initiative will equip local Aboriginal staff with essential, accredited training that strengthens the region's health services and builds long-term community capacity.</p> <p>Training and employing AHWs is key to improving Aboriginal health outcomes. As trusted community members, AHWs provide culturally safe care that bridges Indigenous and Western health practices. Their presence enhances trust, engagement, and access—ultimately supporting healthier, stronger communities (Jeyakumar et al., 2023).</p>	C3 - Drug and Alcohol / Palliative Care / Women's Health / Aboriginal Health / Dental Services
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Batemans Bay Youth Foundation Inc	Batemans Bay Youth Foundation	\$10,000	<p>BBYF was founded in 1994 and in its 31 years has supported 272 students entering university, advanced education and TAFE. In 2024 fourteen students, from 38 applications, received grants to attend Universities in Canberra, Wollongong, Sydney, Melbourne and Tasmania. Students are also enrolled at TAFE in Wollongong and Sydney and Torrens University.</p> <p>Any student whether from Year 12 or earlier, whose normal residence is in the area bounded by North Durras, Nelligen and Moruya River in the south, who are completing their secondary education at Batemans Bay High, Carroll College, St Peters, and Moruya High, is eligible to apply if it is their intention to undertake in the following year:</p> <ul style="list-style-type: none"> <li>• a course of study at a university or college of higher learning on a full-time basis</li> <li>• a traineeship or apprenticeship involving attendance at TAFE or other college or where the student may be required to travel, provide 'tools of trade' and/or special clothing</li> <li>• any other form of personal development including, but not restricted to, music, art, sport, invention or research.</li> </ul> <p>Applications open in September with publicity about the grants along with school visits by the committee to ensure students are aware about the grants. The BBYF website includes the online application form that requires school results, aspirations, interests, and course and institution preferred for studies along with detail of family finances. Application close on 30 November each year.</p> <p>Each member of the BBYF Selection Committee adjudicates on the basis of:</p> <ul style="list-style-type: none"> <li>• Financial need of applicant and family – 50% weighting</li> <li>• Future potential of the applicant – 25% weighting</li> <li>• Performance at school – 25% weighting</li> </ul> <p>Those selected are interviewed in the first week of January with students informed if they have been successful.</p> <p>We set an arbitrary target of 10 students each year, but with the economic downturn and given the quality of applicants the number of grants have been increased.</p> <p>The grants are presented at a public function which serves as recognition for the student, BBYF, its donors and sponsors. BBYF stays in communication with all students and receives regular updates on their progress. Students have found successful careers in the Arts, Humanities, Science and Technology, traditional and unique career paths.</p>	B3 - Community Education Programs
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roundsquared	International Day of People with Disability Community Event 2025	\$5,000	<p>With thanks to ClubGRANTS funding in 2024, we successfully delivered a free, engaging International Day of People with Disability event attended by over 150 people. The event achieved all objectives from our application: developing skills in NDIS participants (e.g. food handling, planning, social media), fostering inclusion with strong community attendance, showcasing the achievements of people with disabilities, supporting local vendors and reducing social isolation. Feedback was overwhelmingly positive, with participants and community members reporting new connections and increased confidence - highlighting the value of continuing this initiative in 2025.</p> <p>The alcohol-free, all-age event, hosted by the 'Let's Talk Speak Out' NDIS Participant Advocacy group, will include:</p> <ul style="list-style-type: none"> <li>• Live band &amp; all-ages inclusive dance floor</li> <li>• Calm sensory areas</li> <li>• Photo booth, raffles and lucky door donated prizes</li> <li>• Catering and food vans supported by NDIS participants and disability enterprises</li> </ul> <p>NDIS participants will help plan and deliver the event, building skills in: food handling, marketing, customer service, and coordination fostering confidence, real-world skills, and a sense of ownership. Presentations will focus on the significance of International Day of People with Disability and aim to increase public awareness and acceptance.</p> <p>Last year, we added a daytime event for young children &amp; families that featured sensory-friendly games, entertainment and activities designed to bring together young families. This event received enthusiastic feedback and we're excited to deliver this again with our community partners.</p> <p>As a not-for-profit, grant funding is essential to keep this event free and accessible. Without it, we risk excluding those most in need of connection and celebration. Funding will help with exposure, improve the sensory environment &amp; establish this as a flagship event in the Eurobodalla calendar. With two successful years and strong feedback, we're committed its continuation.</p> <p>We are once again seeking ClubGRANTS support to deliver an open, festive event for vulnerable community members, support local business, and increase awareness of this important day.</p> <p>We remain proudly committed to sustainability and aim for a zero-waste approach again this year. We're incredibly grateful to ClubGRANTS for making the 2024 event possible and look forward to an even more inclusive, welcoming celebration in 2025.</p>	A4 - Aged, Disability or Youth Services
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St Vincent de Paul Society Canberra/Goulburn	St Vincent de Paul Society (Batemans Bay, Moruya, Narooma) Family Support	\$4000	<p>Christmas gifts &amp; food</p> <p>Every year, Vinnies provides thousands of gifts and food hampers to families experiencing disadvantage at Christmas time. Parents often make sacrifices for their kids and for those experiencing financial disadvantage, these sacrifices can include giving up the basic essentials so their children can have a Christmas present. Last Christmas in Batemans Bay alone, Vinnies received over 100 applications for Christmas Hampers and gifts. This was an increase of over 20% from the previous year and we expect to see a similar increase in 2025. This grant would enable us to provide Christmas Hampers and gifts to families seeking assistance this Christmas.</p> <p>Sleeping rough essentials</p> <p>Material aid is a major factor in homelessness prevention and a vital part of the wrap around support our services provide. In the 23/24 financial year Vinnies provided \$85,445 of in-kind assistance across the Far South Coast. This grant would enable us to purchase swags, sleeping bags, blankets, tents, gas stoves/cylinders, pots, and pans for those experiencing homelessness.</p> <p>Community Collaborative Event for Women and Children experiencing disadvantage</p> <p>The Community Collaborative Event will enable women experiencing disadvantage to access information about support services available to them in the local area. This includes single mothers, women at risk of or experiencing homelessness and women who are experiencing/ have experienced domestic violence. This event will provide a safe and confidential space for women to meet with local service providers to better understand the support services available to them. A play group lead by retired teachers will be provided for children who attend with activities, games and ways to relax.</p> <p>We will invite the following Agents to share their expertise:</p> <ul style="list-style-type: none"> <li>• Headspace Bateman's Bay and/or Mental Health RN</li> <li>• Mary MacKillop Family Services</li> <li>• Financial Counsellor</li> <li>• Women Community Health Services</li> </ul>	A1 - Family Support / Emergency or Low Cost Accommodation
The Local Gatho	The Local Gatho	\$3,000	<p>The Local Gatho project is led by Sofia Keady, the creator of Batemans Bay Community Picnic. She was approached by local youths and organisations to initiate a community initiative focused on supporting individuals aged 15-25 who are facing challenges and vulnerabilities. The community currently lacks resources dedicated to assisting young people.</p> <p>The Local Gatho is a free monthly social gathering that allows young individuals to enjoy a meal, participate in activities, engage in open discussions, and build relationships.</p> <p>The gathering will take place on the second Sunday of each month at the Clyde St Park, Batemans Bay, lasting around 2 to 3 hours, and will include morning tea along with a range of activities for the youth, such as breathwork, yoga, art workshops, and motivational speeches from guest speakers.</p> <p>Participating local organisations in the event encompass PCYC Batemans Bay, Talk2MeBro, Head Space, APM Employment Services, and Rotary Batemans Bay.</p> <p>The funds will be utilised to supply food and beverages for the morning tea and to compensate the invited instructors and speakers for their services.</p>	A4 - Aged, Disability or Youth Services



<b>Australian Breastfeeding Association - Eurobodalla Group</b>	<b>Music &amp; Connection Time for Babies and Toddlers</b>	<b>1,880.00</b>	<p>The music program is designed to support early development, enhance parent-child relationships, and strengthen community connection in a safe, inclusive, trauma-aware environment. Sessions will be held on Wednesday mornings during the final school term of 2025 in Moruya. Each session will be facilitated by Kim Edgar-Lang, a registered music therapist with expertise in early childhood development, and supported by ABA volunteers and local family support workers such as those from Campbell Page (see attached support letter). Sessions will include 40 minutes of interactive music-based activities for children aged 0–4, followed by a cuppa and relaxed conversation time for parents and caregivers. ABA volunteers and support workers will be available each week to provide informal support and gently connect families with additional services if needed.</p> <p>This project has been developed in response to the needs of local families, particularly those experiencing social or economic disadvantage. Eurobodalla is a low socio-economic area with limited accessible programs for parents of young children, especially for families facing challenges such as postnatal depression, social anxiety, financial hardship, or isolation. Many of these families are unable to engage with traditional parenting groups or formal services. This program offers a welcoming, low-pressure space where they can feel comfortable and included, and reach out for support if needed, including breastfeeding or parenting counselling.</p> <p>Music is a powerful tool for supporting early childhood development and parent wellbeing. Participation in music-based play fosters emotional regulation, language and social skills, and secure parent-child attachment. It can also reduce parental stress and create joyful, shared experiences that strengthen family bonds.</p> <p>The informal cuppa time that follows each session offers an opportunity for peer connection, friendship, and a sense of community belonging, helping to reduce isolation and encourage engagement with local supports. The presence of family support workers also provides a gentle “soft entry” to broader services in a way that feels accessible, safe, and non-judgemental. This program is an important step in building stronger, more connected families and communities. By investing in early childhood support in a trusted, inclusive setting, we aim to reach families who might otherwise fall through the cracks and ensure all children have the best possible start.</p>	C1 - Early Childhood Health / Child and Family Services
<b>Little Wings Limited</b>	<b>Little Wings Children’s Hospital Flight Program - Eurobodalla Shire Council</b>	<b>\$3712</b>	<p>The Little Wings Hospital Flight Program supports families from regional NSW with a child who is suffering from a serious and chronic illness such as cancer. The Little Wings Flight Program is conducted under a signed Memorandum of Understanding with the John Hunter Children’s Hospital Newcastle JHCH, Royal Far West, Manly and Sydney Children’s Hospital Network (SCHN), which outlines the roles and responsibilities of each party, and the way we conduct our flight service. For these families the long distances from the specialist medical services at the Children’s Hospitals in Sydney &amp; Newcastle make an already difficult situation even tougher to cope with. Families are often split apart whilst one parent stays by their child’s side in hospital leaving the rest of the family to continue with schooling, employment and life as normal as possible. Little Wings provides these families with the ability to return home during treatment to their support network of family/friends. For some children they can be in hospital for months on end, making this trip home a valued and cherished time. This respite has a positive effect on the child’s physical health as well as the mental health of all involved. There is no other service of its kind available to our specific target market.</p> <p>Our FREE, non-emergency flights service is focused on children. Another distinction is that we have our own dedicated planes, and all pilots are volunteers. With demand dramatically increasing, we are now desperately seeking your assistance to help fund these flights and help keep us in the air, ensuring we can say yes to families in need without hesitation. We are currently supporting 19 families that reside in the Eurobodalla Shire, they are each requiring assistance with safe transport into Sydney and Newcastle hospitals flying in and out of Moruya airport on a regular basis to access life-saving medical treatment that is not available locally. These children are immune compromised and must travel in a controlled and safe manner to avoid exacerbating already serious illness or injury. In supporting individual families caring for a seriously ill child, we see a positive impact for healthy siblings, overall family function and financial independence, keeping families united. All of which has a significant impact on regional communities. 100% of Little Wings pilots and drivers are volunteers.</p>	C1 - Early Childhood Health / Child and Family Services

Life Education NSW	Healthy Bodies Healthy Minds Strong Futures	\$5000	<p>PROJECT - LENSWS reaches 4,300 children (7 schools) in the Eurobodalla LGA annually, this engagement is impossible without community support. Assistance is needed to continue reaching children in disadvantaged schools—Index of Community Socio-Educational Advantage (ICSEA) Score &lt;1000. Our pricing model prioritises access, offering lower fees to disadvantaged schools. Though this increases our costs, reaching these children remains our top priority. PROGRAM - LENSWS educators bring the magic of learning to life through dynamic sessions delivered on-site at schools via Mobile Learning Centres and Pop-Up Classrooms, or virtually when required. This ensures equitable access to high-quality health education in under-resourced schools. At the heart of the program is Healthy Harold, the much-loved giraffe who captures children's imaginations and makes learning joyful. Children explore vital health, safety, and wellbeing topics through vibrant animations, interactive games, and engaging storytelling. These “magic moments” create lasting impressions—embedding lessons for life that stay with children into adulthood. Research shows early education before being exposed to risk and challenges helps children make informed choices. LENSWS modules mirror real-life situations, allowing kids to safely practise healthy decision-making.</p> <p>The Life Ed program addresses the most pressing health and wellbeing challenges facing children today. through curriculum-aligned, age-specific modules. Aligned with national and local priorities, sessions promote early intervention, emotional resilience, health literacy, and protective behaviours tailored to each school's needs. To extend learning beyond the classroom, students, teachers and parents receive wrap-around digital resources. This whole-of-community approach fosters ongoing conversations, reinforces positive behaviours, and strengthens support networks. NEED - 1 in 6 (17%) Australian children live in poverty, facing higher rates of chronic disease and social-emotional difficulties, persisting into adulthood (Curtin University, 2024) COMMUNITY BENEFITS - LENSWS ensures equitable access to preventative health education for all children, regardless of background. Early intervention fosters healthy habits and emotional resilience, reducing long-term health risks. By addressing key wellbeing challenges, the program contributes to healthier, more connected families, shaping positive health attitudes across the broader community.</p>	C5 - Health Promotion Initiatives
Sir David Martin Foundation	Aftercare Program – Triple Care Farm, Walawaani	\$4000	<p>Aftercare focuses on supporting young people, aged 16 to 24, who have completed the Residential Rehabilitation program at Walawaani in Batemans Bay, providing continued care for up to 6 months to help them transition safely back into the community. It is designed to build independence, strengthen resilience and support reintegration into the community. Young people are connected with their Aftercare worker during their time in rehab and begin setting personal goals for life beyond treatment. Over 6 months, the young person has built a trusted support network and a tailored plan to help them reconnect with family, re-engage in education or employment, and reduce the risk of relapse. Aftercare plays a critical role in helping young people maintain positive change and move forward with confidence. Our Aftercare workers offer practical mentoring support to reduce feelings of isolation, promote independence, build on their newly developed cooking skills, cleaning, budgeting and maintaining good hygiene. Increase their self-esteem and build positive problem-solving skills to keep the young people well after treatment, with regular face-to-face meetings, phone calls, home visits and email. They strengthen newly established support networks with family, peers and community-based agencies, provide assistance with getting to medical appointments, enrolling in vocation and educational training, applying for jobs or training, finding safe and appropriate accommodation and stabilising their mental health.</p> <p>Walawaani was established in 2023 as supporting up to 80 young people per year, aged 16 to 24 in their recovery from drug and alcohol addiction. Surrounded by native bushland, the residential program offers a peaceful, structured and supportive environment for young people working towards healthier lives. Eurobodalla Shire Council has generously supported this vital work by providing a grant to Sir David Martin Foundation, contributing to the ongoing delivery of Aftercare - a life changing program for young people in recovery.</p> <p>Our goal is to provide Aftercare to all young people as they transition out of the Walawaani residential program. Approximately 80 young people per year.</p> <p>Key outcomes for those young people, based on the 2024 cohort include:</p> <p>For young people:</p> <ul style="list-style-type: none"> <li>67% reduction in chronic substance use</li> <li>83% reduction in suicide attempts</li> <li>96% in stable housing</li> <li>68% engaged in education and employment</li> </ul>	C3 - Drug and Alcohol / Palliative Care / Women's Health / Aboriginal Health / Dental Services

Solve-TAD Limited	Freedom Wheels – Eurobodalla	\$2140	<p>A ClubGRANT will provide access free-of-charge to our Freedom Wheels program for Eurobodalla LGA residents living with disabilities. Approximately 80% assisted will be children. Each person will have the opportunity to try out and receive a customised bike adapted to their specific functional needs, allowing them to cycle.</p> <p>Grant-Funded Activities:</p> <ul style="list-style-type: none"> <li>- Our Freedom Wheels team will raise awareness of inclusive cycling options locally through advertising and direct engagement with disability schools, therapists, and community support organisations.</li> <li>- People register interest via therapist referrals or attend individual trials and group demonstration days held in local /community venues.</li> <li>- At these sessions, our therapists assist participants to ride modified bikes fitted with personalised attachments (like stabilising outriggers, foot cups, pelvic straps).</li> <li>- Individuals receive 'prescriptions' for a suitable bike from our therapists, co-designed with input from the person and their support network.</li> <li>- Subsidies towards the cost of bike materials and components, as needed, will help those facing financial hardship to obtain their own custom-bike.</li> <li>- Our skilled volunteers will build, adjust, and service bikes free-of-charge, further reducing access barriers.</li> </ul> <p>The Need:</p> <ul style="list-style-type: none"> <li>- Over 3,000 people living in the Eurobodalla area require daily support due to disability (ABS, 2021). Many miss out on physical activity, including cycling, because of mobility challenges, lack of support to participate, and limited finances. With recent NDIS cuts, and nearly 40% of people with disability living in low-income households (AIHW, 2024), adaptive cycling equipment will be out of reach for more people without funding assistance.</li> </ul> <p>Outcomes:</p> <ul style="list-style-type: none"> <li>- The project will foster physical activity and social skills by opening the way to bike-riding with friends and family. The action of pedalling is fun 'exercise therapy'. Children in particular find joy, new confidence, self-esteem and strength—for some who previously used mobility aids, cycling leads to independent walking. Positive impacts flow from individuals to their families and communities, benefiting at least 5 others. As one parent shared: "Her eyes were shining, just to do something for herself. It's so important for us to have a little bit of normality where our kids can feel just like everyone else." Avalon's full story: <a href="https://bit.ly/43FvR0w">https://bit.ly/43FvR0w</a></li> </ul>	A4 - Aged, Disability or Youth Services
Batemans Bay Community Picnic	Batemans Bay Community Picnic	\$1042	<p>The purpose of the Batemans Bay Community Picnic was to provide community lunches on the final Sunday of every month, which usually include nutritious meals in a social setting. People are brought together for consistent monthly social interaction, where they can share recipes with volunteers and other participants while enjoying free home-cooked meals. The community picnic volunteers bring leftover foods to the Southcoast Health and Sustainability Alliance (SHASA), which distributes them to people and families from low socioeconomic backgrounds in Eurobodalla, for those who are unable to attend.</p> <p>The Community Picnic is a program launched by Sofia Keady, a local nutritionist, aimed at individuals and families who are currently experiencing or are at risk of homelessness, particularly those from low socio-economic backgrounds. It targets individuals who may feel isolated and alone due to various circumstances, such as the loss of a loved one, chronic health issues, disabilities, mental health challenges, and those from marginalized communities, including Indigenous Australians, refugees, migrants, seniors, LGBTQ+ individuals, and locals seeking to engage and connect within the community.</p> <p>The community lunch has transformed into a meal assistance initiative. Every two weeks, our volunteers prepare warm meals for disadvantaged individuals and families in Moruya. We are seeking financial support to pay for disposable containers, utensils, and cups, as well as a small generator to heat food and beverages, along with power for musicians who perform at our events when necessary.</p>	C5 - Health Promotion Initiatives